



## Karma Yoga Service & Study Program Application

### 1. 2010 Dates you are applying for

- March 8 - April 19 (6 weeks)
- March 29 - May 10 (6 weeks)
- April 19 - May 31 (6 weeks)
- May 10 - July 19 (10 weeks)
- May 31 - July 26 (8 weeks)
- July 19 - August 16 (4 weeks)
- July 19 - August 30 (6 weeks)
- August 16 - September 27 (6 weeks)
- September 7 - October 5 (4 weeks)
- September 27 - November 23 (8 weeks)

### 2. Personal Information

Full Name \_\_\_\_\_

Email \_\_\_\_\_ Phone/Day \_\_\_\_\_ Evening \_\_\_\_\_

Address \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_

3.a) If you have previously resided at either The Salt Spring Centre or Mount Madonna Centre, please indicate approximate dates and areas in which you were involved.

b) Do you have additional experience living in spiritual and/or intentional community? Tell us about your experience. Please indicate approximate dates and areas in which you were involved.

c) Are you a trained yoga teacher? If so, please tell us where you trained and for how many hours (e.g. 200, 500, etc.).

4. Please tell us why you are applying.

5.a) How would you describe yourself, i.e. qualities, strengths, how you relate to others, any issues or aspects of yourself you are working on.

b) To what extent have you explored self-development or self-awareness? Please describe.

6.a) The Centre is run by staff and volunteers who have experience and skills in the following areas: Kitchen, Maintenance, Housekeeping, Office, Grounds and Garden. Which areas you are best able to support? Briefly indicate relevant experience and/or qualifications.

b) If maintenance, please list your special skills. (Re: building, carpentry, cabinetry, finishing, installation, electrical, painting, renovations, plumbing, automotive mechanics, and lawn maintenance.)

c) We are also looking for karma yogis with a background in photography, video-editing, event planning, and marketing. If any of these apply to you, briefly indicate relevant experience and/or qualifications.

7.a) Some of the work/service assignments involve vigorous physical activity. Do you have any limitations that may restrict your ability in such activities?

b) Some tasks require the use of machines; such as lawn mowers, weed eaters, etc. Are you comfortable and experienced using any of the above? Please list.

c) Are you currently under the care of a physician or taking any regular medication? If so, please give details.

d) Are you a vegetarian? Are you a non-smoker?

e) Do you have any allergies? (Food? Vegetation-based?)

f) Are you allergic to cats? (We have two cats in residence.)

g) Do you have any special dietary needs? Please list.

8. How did you hear about the centre or this program? Please be specific in your response (e.g. which website, which yoga teacher etc.).

Friend/Relative

Yoga Teacher

Brochure

Internet

Our Website

Other \_\_\_\_\_

If you heard about us through a personal contact please provide their name:

\_\_\_\_\_

9. If the program you're applying for is full, are you willing to being put on a waitlist?

NO

YES

If yes, how many days' or weeks' notice would you require? \_\_\_\_\_

10. Do you have any other comments you would like to add?

Please mail or fax your completed application, your current resume and two work-related references to:

**The Salt Spring Centre of Yoga**  
355 Blackburn Rd., Salt Spring Island, BC,  
Canada V8K 2B8

FAX #: 250 537 2311

We will respond within two weeks of receiving your application.

**The Salt Spring Centre of Yoga**  
355 Blackburn Rd., Salt Spring Island, BC, Canada V8K 2B8  
Phone: 250-537-2326 Fax: 250-537-2311 Email: [kyss@saltspringcentre.com](mailto:kyss@saltspringcentre.com)